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FRIENDS FROM FAR AWAY: INTERVIEWS WITH WEST'S FOREIGN EXCHANGE STUDENTS

By Gabi Lamb, Walker Anderson, & August McBride

Takane Ito: Japan

CSP: What is the most exciting part of now living in the US?

TH: I mean, food, I guess, the world heritage.

CSP: What do you miss most from your home country?

TH: Family, friends, probably.

CSP: What is your favorite part of the West?

TH: People!

CSP: What are the most significant differences between the United States and Japan?

TH: Food, maybe. Japan is more in harmony, too.

CSP: What was it like leaving home?

TH: Hard, but exciting.

CSP: What led you to become an exchange student?

TH: I want to be an architect in foreign countries, so I want to make friends with foreigners.

CSP: How are you adjusting to life here in the US?

TH: I don't know, but I like it here so far.

CSP: What do you most want to learn over the course of this year?

TH: English.

David Staxler: Sweden

CSP: What is the most interesting part of now living in the US?

DS: The school system is totally different from Sweden. It's a neat thing to try.

CSP: What do you miss most from your home country?

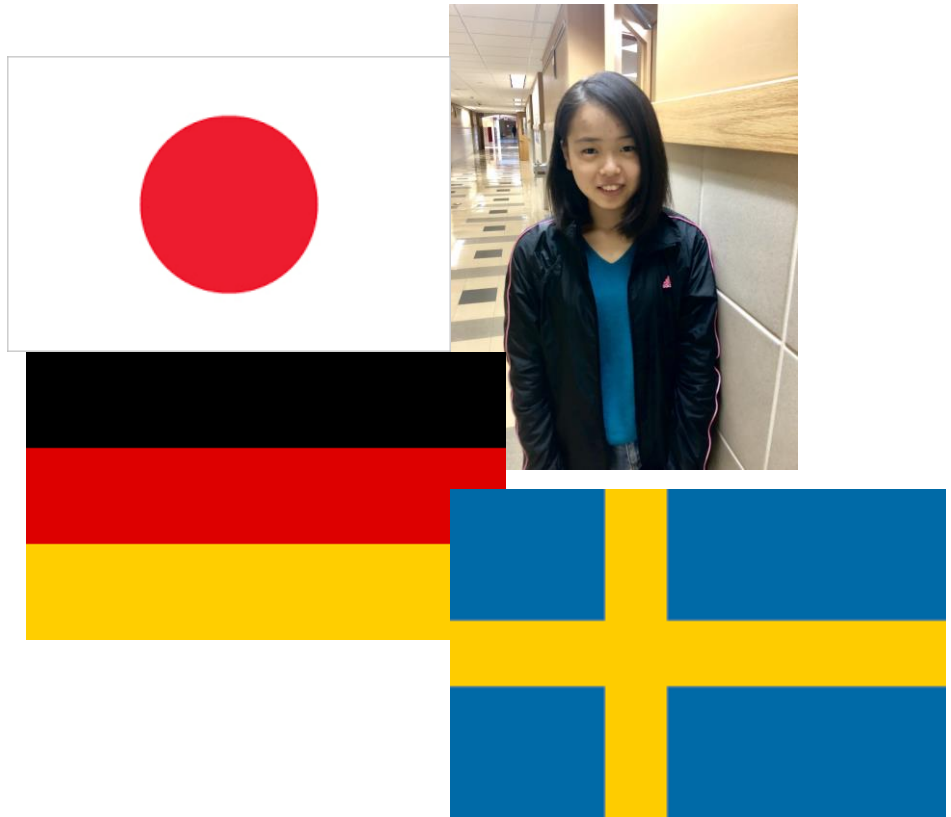
DS: Of course I miss my family and friends... I also miss the food from home.

CSP: What led to you becoming an exchange student?

DS: Some friends of mine went a year before me and strongly recommended it. I'm trying to throw myself into the process and to get into the culture, language, and country.

CSP: What are some misconceptions people have about your home country?

DS: Swedish Fish aren't that big in Sweden!



Noelle Heider: Germany

CSP: What do you miss most from home?

NH: My family and friends.

CSP: What are the most significant differences between the US and your home?

NH: Everything is more prominent, and you need a car to reach nearly everything.

CSP: What was like leaving home?

NH: Exciting, but I was scared too.

CSP: What led you to become an exchange student?

NH: My father did the same thing when he was young and he always used to tell me about it, so it was my dream ever since I was little.

College Confidential

By Gabi Lamb

The CSP contacted former CB West graduates to find out one sentence that sums up their college experience so far. Here we share their wisdom.

Conor Lutts, '18: "The past month has been one of the most interesting, exciting times of my life; it both feels like it lasted a moment and an eternity."

Jessica Krapf, '18: "College is about having your freedom and making your own choices."

Drew Insley, '18: "College is a lot like high school, but at the same time, totally different; the study skills and classroom experiences at West prepared me for my courses at Penn State, but the vast independence is something I've never felt before."

Maddie Hood, '18: "College has been one of the best experiences for me!"

Rhys Stevers, '18: "College is what you make of it: from the friends you make to the homework you do, to how many times you stay up to get bagels at 4:30 in the morning."

MID-SEASON SHOWDOWN: BUCKS FOOTBALL

By Eli Baylin

Even though the record may not show it, the CB West Bucks football squad has shown a lot of heart and pride on the field this season. Now at the mid-season point in the 2018 season, the Bucks have gone 2-4 to this point. Injuries have put a massive gap in the team this year. Junior Starting QB, Jack Neri, went down against William Tennent with a sprained ankle as the Panthers took down the Bucks at Tennent, 35-14. Gavin "Golden Arm" Grondahl will be filling Neri's role for the time being as the Bucks switch from a QB committee to an all-game starter. Senior Linebacker, Jake Newman, got devastating news of a torn ACL, which has sidelined him for this season. Syracuse Football commit, Luke Benson, was called for surgery as he fractured his thumb. We wish all of our guys the best of luck to have a speedy and safe recovery.

The Seniors have been making the best of their last season. QB Gavin Grondahl has been very impressed as he's averaging just about two touchdowns a game! Grondahl's receiver duo, Erik Ojert and Owen Shields, have done their part to allow the Bucks to put points on the board. The defense continues to improve as the Bucks look to bounce back from a shaky start to the season. Go, Bucks!

EDITORIAL: HURRICANES & HEATWAVES

By Gabi Lamb

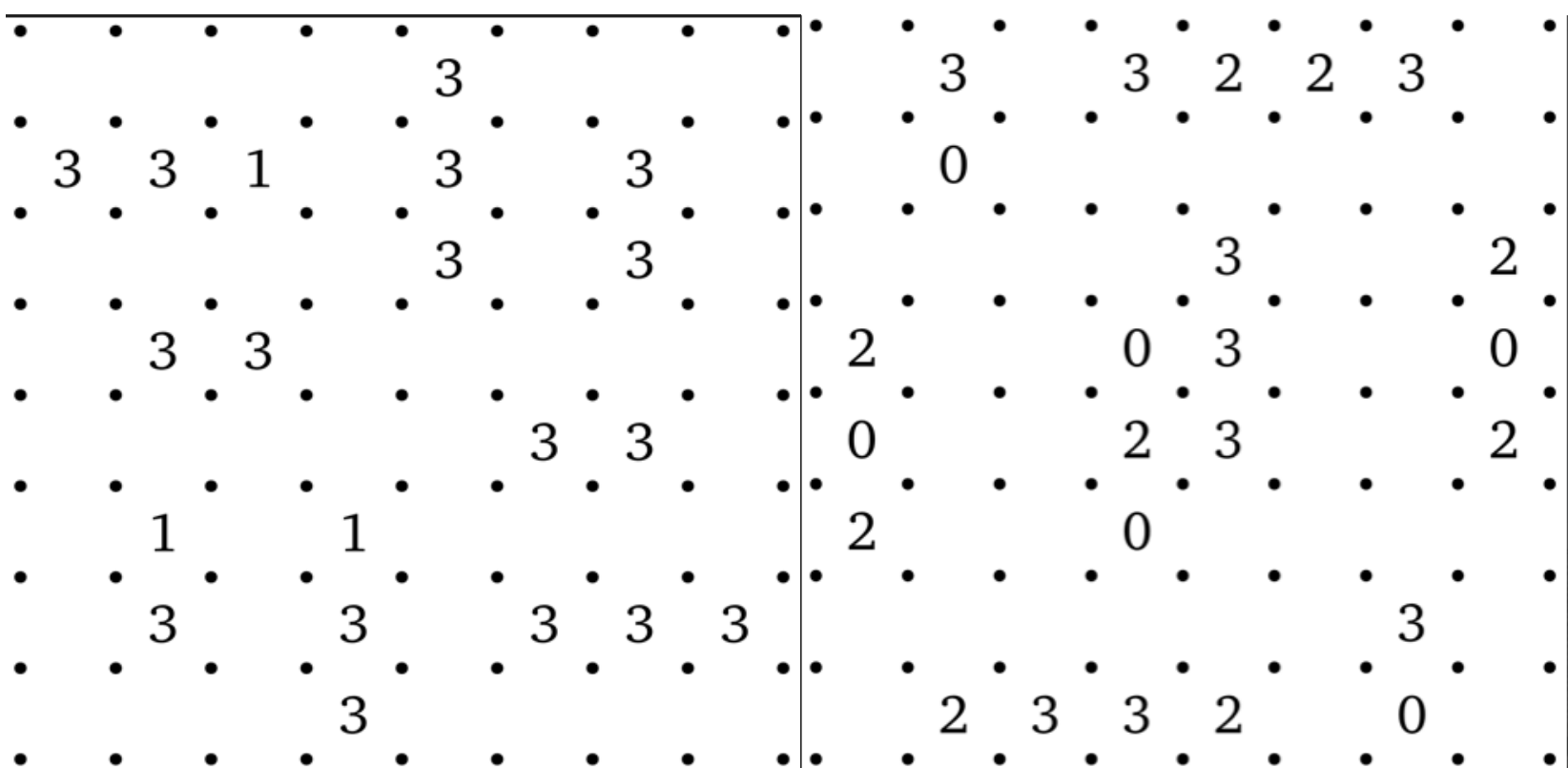
Two weeks after the eye of Hurricane Florence hit the Carolinas, flooding continues. According to Time Magazine, the death toll in the US currently stands at 48, 37 of whom were in North Carolina. 1,500 people remain in shelters, and 550 remain in hotels until long-term housing is found. Hurricane Florence followed Hurricane Maria in Puerto Rico, which had a death toll of around 3,000, according to George Washington University researchers commissioned by the Puerto Rican government. Hurricanes have lasting impacts and deaths after the event, and unfortunately, hurricanes have been and will continue to become deadlier, according to The Guardian, due to climate change and warming oceans.

Climate change has also played a role in what scientists refer to as the Global Heatwave of 2018, according to Axiom Media. Worldwide, countries are experiencing record-breaking heat. South Korea experienced its hottest day yet in Hongcheon on August 1, where temperatures reached 105.2 degrees Fahrenheit. In Japan, a record high in temperature, at 106 degrees followed severe flooding. Forest fires have also increased from Scandinavia to our own West coast. Even Yosemite National Park had to close due to fires.

Climate change impacts weather, and weather impacts us daily. If we deny climate change, and if we do not take steps toward rectifying it, weather patterns will worsen and become even more dangerous. Work with your families, and the community, to see what you can do, not just for the future, but for us now.

WALKER'S PUZZLES

By Walker Anderson



Rules: Draw a single, non-intersecting loop that only consists of horizontal and vertical segments between the dots. Numbers inside a cell indicate how many of the edges of that cell are part of the loop.

THE REVIEW

Netflix Movie Review: The One That Got Away vs. The One That Stayed

By Mattelynn Beahan

What do *To All the Boys I've Loved Before* and *Sierra Burgess is a Loser* have in common besides their awkward titles? That's right, Noah Centineo. The summer of 2018 brought both movies to millions of streaming devices across the U.S. via Netflix. One major difference between the pair is that one of these movies turned out to be a complete success, while the other quickly became widely recognized as a joke.

Sierra Burgess has not been well received by many viewers. The idea behind *Sierra Burgess* was brilliant. It promotes body positivity and self-confidence; however, it was poorly executed. This movie is about how a girl, Burgess, struggles with body acceptance issues and cat-fishes the guy she has a crush on and tricks him into falling for her. Moreover, Burgess hurts her closest friends and instead of apologizing (as a normal human being should) she uses her physical insecurities to justify the pain she put her friends through.

While watching the film, viewers find themselves rooting for the antagonist-turned-protagonist, Veronica, as Sierra continues to mistreat her. Sierra tries to make up for it with a heartfelt song about how she feels that if she looked different the guy she likes, Noah Centineo's character, Jamey, would like her back and reciprocate feelings (seriously?). By the end of the movie, the audience feels a sense of resentment towards Sierra because she can't face her mistakes. The most frustrating thing about *Sierra Burgess is a Loser* is that this movie had the potential to be great, but despite its best efforts, it was a flop.

CSP Rating: 5/10

On the flip side, *To All the Boys I've Loved Before* quickly became one of the biggest movies of the summer shortly after it was released and received a whopping 96% from Rotten Tomatoes. The film is based on a novel by Jenny Han about a girl, Lara Jean Covey, who writes five love letters to every boy she has ever had a crush on. Because of Lara Jean's sibling's meddling, all five letters are sent to the boys. One boy, Noah Centineo's character, Peter Kavinsky, receives his letter and concocts the idea to embark on a false relationship with Lara Jean.

This film features a diverse cast with our main character Lara Jean played by Asian American actress Lana Condor. This film also has 80's references and is accompanied by an impressive soundtrack that has viewers bobbing their heads. This is a refreshing romantic comedy with a simple, yet captivating plot. *To All the Boys I've Loved Before* has impressed everyone across social media. It's not as cheesy as *The Kissing Booth* and it's certainly more enjoyable to watch than *Sierra Burgess is a Loser*.

CSP Rating: 10/10

WEST STUDENTS RECOGNIZED AS NATIONAL MERIT COMMENDED



Featured from Top Left: Lucas Acosta-Morales, Gabrielle Lamb, Jason Koodray, Matthew Pocalyko, Parker Nelson, Casey Reichwein, Madeline Corona, Sindhura Siddapureddy, Emily Grill, Sarah Hartin

THE HATE YOU GIVE

By Gabi Lamb

Starr Carter was born in and lives in Garden Heights, a poor urban neighborhood, but she attends a wealthy, white private school. Starr lives in two different worlds. One night, Starr is at a Garden Heights party. She meets her friend Khalil there and he agrees to drive her home. Only Starr makes it home. A police officer pulled the duo over and shot Khalil unprovoked. *The Hate U Give* is the story of the clash between Starr's worlds. It's a story of finding your voice and fighting for your community.

The Hate U Give is an incredible novel that all Americans should read. It offers a compelling commentary on police brutality and racism. Angie Thomas' novel pulls back the curtain of the separate worlds we live in and therefore fosters understanding between the two. Starr is an incredibly realistic character, and the settings of the novel are vivid and well-done. I highly recommend *The Hate U Give*, and more is coming-- the film version was released on October 5th.



WEST STUDENTS RECOGNIZED AS NATIONAL MERIT SEMI-FINALISTS



Featured from Top Left: John Murnen, Max Du, Andrew Gillespie, Jason Chen, Nick Sidelinker, Christina Duan, Walker Anderson

Fall Recipe

September in a Nutshell

By Kristen Rice

It is finally fall! If you love of all things pumpkin spice, here is a recipe to satisfy your craving. Not only are these healthy, but they give you the crisp flavor you seek.

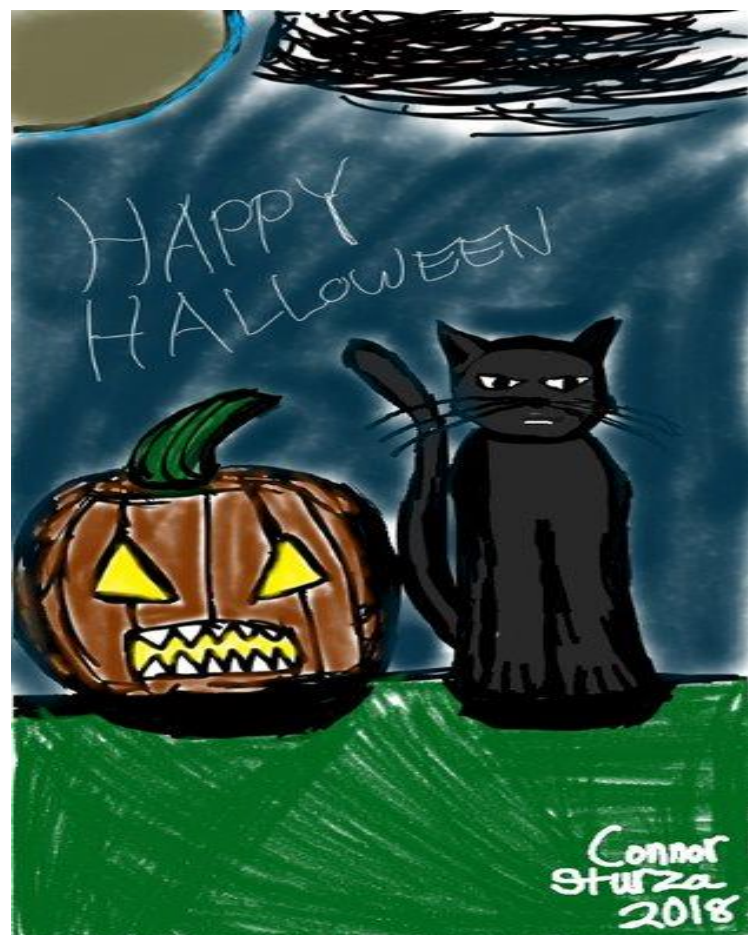
1 cup instant oats
 ¾ cup whole wheat flour
 2 tsp ground cinnamon
 ¼ tsp ground nutmeg
 ¼ tsp ground ginger
 1 ½ tsp baking powder
 ¼ tsp salt
 2 tbsp coconut oil or unsalted butter, melted and cooled
 ¾ cup pumpkin purée
 1 tsp vanilla extract
 ½ cup pure maple syrup
 2 tbsp dark or semisweet chocolate chips
 1 tbsp miniature chocolate chips

1. Preheat the oven to 325°F, and line a baking sheet with parchment paper or a silicone baking mat.
2. Whisk together the oats, flour, cinnamon, nutmeg, ginger, baking powder, and salt in a medium bowl.
3. In a separate bowl, whisk together the coconut oil, pumpkin purée, and vanilla. Stir in the maple syrup. Add in the flour mixture, stirring just until incorporated. Fold in the dark chocolate chips and ½ tablespoon of miniature chocolate chips.
4. Drop the cookie dough into 15 rounded scoops onto the prepared sheet, and flatten to the desired thickness and width using a spatula. Gently press the remaining miniature chocolate chips into the tops.
5. Bake at 325°F for 11-14 minutes. Cool on the pan for 10 minutes before turning out onto a wire rack.



By Josh Acker

The month of September is always a busy month, from the beginning of school to the activities fair, to the elections for class council in each grade. So far, it's safe to say that this year is starting off strong with many people joining clubs and extracurricular activities. Many sophomores have been getting involved in new clubs as well, showing that despite apprehension that many of sophomores share with one another, they can get together and have a great time doing what they love or just feel curious about. Although the classes are large, and it is a bit intimidating for new and old students alike, there is a healthy amount of optimism and realism for all students to embrace. Last month was one of the hardest, as this is where you meet new people and get used to different teachers' rules. However, it can be said confidently, that ending September brings the end to an auspicious beginning to a great school year. One month conquered, only 8 more to go! Go, Bucks!



**CAN'T UNDERSTAND CHEMISTRY?
 FIGHTING WITH PHYSICS?
 COME DOWN TO THE LIBRARY AFTER SCHOOL
 TUESDAYS FOR PEER TUTORING!**

HEARD IN THE HALLS

Those five minutes are precious time for getting to class and essential for conversing with friends. Our beloved hallways hold over 1,500 students, and everyone can always hear the little snippets of conversations going on around them as they make that mad dash to the other side of the School. Now you know, *we can hear you...*

- "High school really isn't good for your health."
- "Happiness is more important than having money!"
- "Why do they call it Western Fiesta? It's literally... pasta."
- "Surrealism is my favorite concept!!!"
- "When you're an edgy teenager but don't know how to spell."

THE COURT STREET PRESS

Staff 2018-2019

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